

ANTI-DOPING POLICY

Members of the club are required to complete the appropriate medical declaration before flying as a trainee, flying solo or flying as pilot in command with the Club. Members and visitors should be aware that the use of alcohol or drugs whether prescription, non-prescription, patent, recreational, as part of a drug trials programme or for the purpose of performance enhancement is not compatible with safe flying operations. Persons taking such substances should be aware that they may have a detrimental effect on their ability to fly as pilot in command or as a pupil and should consult their doctor and inform the Chief Flying Instructor accordingly. The law relating to aviation in the U.K. imposes what is in effect a zero tolerance for alcohol in respect of flight crew including persons having lessons in gliders and anyone involved in operating the airfield activities.

This club fully supports the British Gliding Association (BGA) anti-doping policy as set out in Section 27 of the BGA's competition handbook which states:-

“27. DOPING The misuse of drugs intended to enhance performance, reduce stress, lessen fatigue etc, is forbidden in all gliding competitions. At present there are no known drugs that enhance pilot performance and the Sports Council do not, at present, plan to carry out drug testing at gliding competitions. Their position is reviewed annually, and their brief covers all UK sporting activities. However, competitors must submit to drugs testing if required to do so by the Organiser. A positive result, or failure to submit to a test, will result in disqualification and may lead to further sanctions as required by current FAI anti-doping rules. In general, the following are forbidden: – Stimulants, including excessive concentrations of caffeine, and some common cold remedies such as Contac 400, Procol, Nirolex Expectorant Linctus; Beta 2 agonists and Beta-Blockers; Narcotic analgesics, including codeine, heroin, morphine; Anabolic Steroids, Diuretics, Alcohol and corticosteroids. Drugs prescribed for a medical condition, and whose use is necessary for safety reasons, may be permitted. It is the sole responsibility of the pilot to ensure that any drugs prescribed to him are permitted. The pilot's GP should be consulted in the first instance. Additionally, the BGA have lists of permitted drugs and difficult cases may be referred to the sports council. The definitive list of forbidden substances and the specific requirements of FAI policy can be found at http://www.wada-ama.org/rtecontent/document/2006_LIST.pdf”